

HGCS HOT LUNCH MENU

February
2012

MEALS ARE SUBJECT TO CHANGE ACCORDING TO AVAILABILITY OF PRODUCT

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			all beef hot dog chili/slaw chips applesauce milk or juice	baked chicken sand. whipped potatoes green beans diced peaches milk or juice	cheese pizza green peas golden tater tots mandrian oranges milk or juice	
5	6	7	8	9	10	11
	baked chicken tenders rice/gravy vegetable blend cinnamon applesauce milk or juice	NO LUNCH Bag lunch available chicken sandwich chips fruit snack milk or juice	NO LUNCH Bag lunch available chicken nuggets chips fruit snack milk or juice	beefy nachos salad & dressing sliced apples milk or juice	low fat pepperoni pza sunshine corn diced pears milk or juice	
12	13	14	15	16	17	18
	baked starfish nuggets green peas golden tater tots diced peaches milk or juice	spaghetti salad & dressing roll applesauce valentine dessert milk or juice	hamburger green beans whipped potatoes diced peaches milk or juice	grilled cheese sand. vegetable soup pineapple tidbits milk or juice	cheese pizza vegetable blend chips mandrian oranges milk or juice	
19	20	21	22	23	24	25
	T W D NO SCHOOL	chicken tacos steamed rice/salsa diced tomatoes/lettuce applesauce milk or juice	chicken nuggets rice/gravy green beans diced pears milk or juice	italian beef & mac green peas garlic toast apple slices milk or juice	low fat pepperoni pza potato smiles green beans diced pears milk or juice	
26	27	28	29			
	mac & cheese vegetable blend biscuit baked apples milk or juice	beef tacos lettuce/cheese mexican fiesta rice diced pears milk or juice	baked chicken tenders green beans whipped potatoes gravy cinnamon applesauce milk or juice			